Press release **KEJH**.

Kristina Hanses is a singer, songwriter and dancer. She was the lead in the performance duo Kristal and Jonny Boy. La Tempesta discovered Kristal and Jonny Boy in 2013. The same year, La Tempesta released their first EP followed by the album "It's my heart". The duo performed on several tours in Italy.

When the album "It's my Heart" was released by La Tempesta Dischi in the spring of 2018, the duo had toured Europe extensively since 2013. They performed at the world biggest music festival SXSW and as support act for Mando Diao's tour 2014 and also for one of Tove Lo's shows.

The album was well received and the singles "In the Morning" and "It's my Heart" rotated on radio stations in Italy and Germany. In Sweden, In the Morning was hailed by Dagens Nyheter's music editors. As **KEJH**, Kristina is now back with the EP **NEW SELF**. The single New self has a video release the 19th of January and the single track is released the 21th of January.

The EP **NEW SELF** is produced by Ludvig Larsson (Femme Equation, Bluephox, Naiivi, Era Isabel), who together with Mats Björke (former Mando Diao) runs the studio and music company Lab259.

About single **New self**:

New Self is a song about the fight and struggles in life, the losses and the constant fight within yourself. The sadness to lose someone you love or the battle to keep your sanity. I wrote this song when I was afraid that my mother was going to die and I was scared of who I would become without her. It's a song about finding yourself over and over again in new circumstances through life. How to deal with those realities and facing life's fears through love, insight, vulnerability, and ambition.

Video New Self: https://youtu.be/8P0UCXPYP6A



Single Cover New Self

Label: https://www.latempesta.org/artista/kejh/



Press picture KEJH

Homepage: https://www.kejh.org/